



BREAKFAST

OCTOBER 2023

Wood River – Hartford SD 15

Breakfast and lunch menus are
subject to change without notice.
Choice of milk offered daily

Monday

Breakfast Kit
Fruit
Milk

2

Tuesday

French Toast Sticks
Fruit
100% Fruit Juice
Milk

3

Wednesday

Muffin Top
Frozen GoGurt
Fruit
100% Fruit Juice
Milk

4

Thursday

Bagel
W/Cream Cheese
Fruit
100% Fruit Juice
Milk

5

Friday

**No School
Teachers' Institute**

6

**No School
Columbus Day**

9

Breakfast Kit
Fruit
Milk

10

Pop Tarts
Fruit
100% Fruit Juice
Milk

11

Pancake Sandwich
Fruit
100% Fruit Juice
Milk

12

Mini Donuts
Fruit
100% Fruit Juice
Milk

13

Breakfast Kit
Fruit
Milk

16

Apple Cinnamon
Texas Toast
Fruit
100% Fruit Juice
Milk

17

Muffin
Fruit
100% Fruit Juice
Milk

18

Pancake on a Stick
Fruit
100% Fruit Juice
Milk

19

Breakfast Bar
Fruit
100% Fruit Juice
Milk

20

Breakfast Kit
Fruit
Milk

23

Mini Pancakes
Fruit
100% Fruit Juice
Milk

24

Yogurt
Graham Bugs
Fruit
100% Fruit Juice
Milk

25

Breakfast Pizza
Fruit
100% Fruit Juice
Milk

26

No School

27

Breakfast Kit
Fruit
Milk

30

Breakfast Bread
Fruit
100% Fruit Juice
Milk

31